



inner strength

The Newsletter of Cardinal Hayes Home for Children

Fall 2024

Providing Compassionate Care

Since 1941

*A message from Mary Sontheimer,
Executive Director...*

Dear Friends,

I am happy to share that our individuals at Cardinal Hayes Home and students at Cardinal Hayes School (Hayes Day School) are enjoying many exciting opportunities and experiences, while managing to stay healthy and safe. All our individuals are happy to be together learning, growing, and thriving.

Once again, it was wonderful to welcome friends, family, staff, and individuals, to our annual "Fun Day." One of the traditions is to hold a contest to design a special t-shirt that everyone wears at the event. This year, one of our dedicated direct care staff submitted the winning design! How wonderful to see all attending wearing the t-shirts with the theme of "Building Bridges". Everyone enjoyed the carnival atmosphere of face painting, games, hayrides, dancing, activity booths, and a delicious barbeque. The new booth manned by our DEIB (Diversity, Equity, Inclusion, Belonging) committee provided an opportunity to learn more about this very important initiative. The perfect weather added to the festivities!!

The Giving Garden entered its fourth growing season and continues to be a wonderful opportunity for our individuals to learn and experience new things. Our community partners from Stonewood Farm work closely with our individuals who attend

our Day Habilitation "Without Walls" program and the harvest is amazing.

Hayes Day School is thriving. We have a full census, with students from our residential program as well as day students from local school districts. Special activities are offered frequently, and receive rave reviews from students, family, and staff alike. These include science fairs, a prom, and regular visits with a therapy dog. Graduates this past June included two individuals from our residential home and two day students who reside in the community. Congratulations to them for all they have accomplished!

Last but certainly not least, we have instituted a Self-Advocacy Group made up of individuals and staff. This group meets monthly to share ideas, experiences and suggestions for enriching the lives of our individuals. Highlights of their activities include participating in the Millbrook Farmer's Market, Millbrook Community Day and working together to ensure the delivery of person-centered services for themselves and each other.

We hope you enjoy our Newsletter. The following pages further highlight the events and activities that we are so happy to share with you. We look forward to Fall, Thanksgiving and most of all, the magic of Christmas!

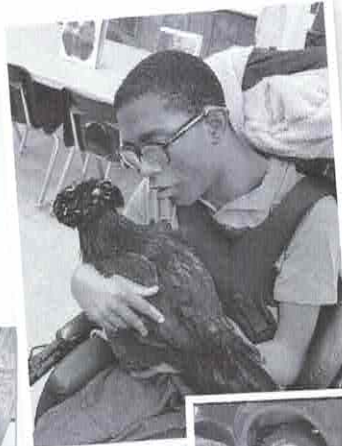
We are so very blessed to have you, our loyal friends, as part of the Hayes family and thank you for your many gifts and prayers. All your gifts directly benefit the individuals in our care.



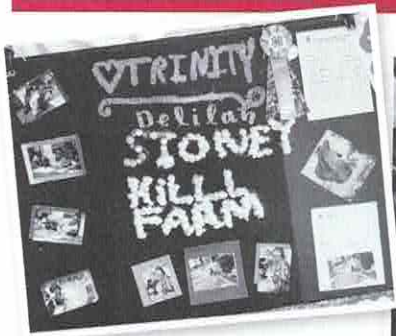
Our 4H Group-Stony Kill Farm



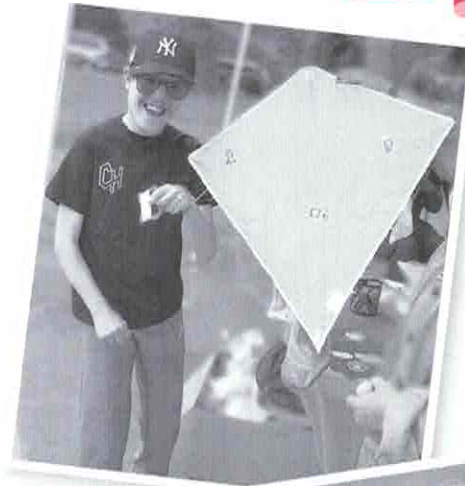
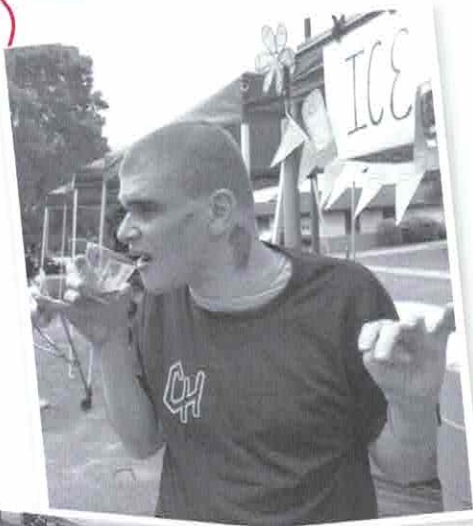
Our 4H Group – Stony Kill Farm..... learning about animals, and even raising some chickens to show at the Dutchess County Fair!



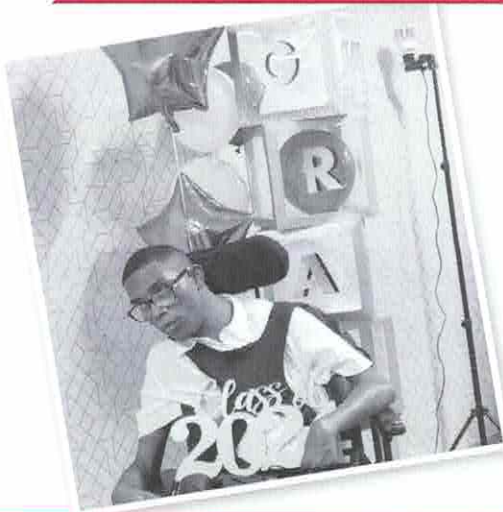
And our winners are...



Fun Day 2024 "Building Bridges"

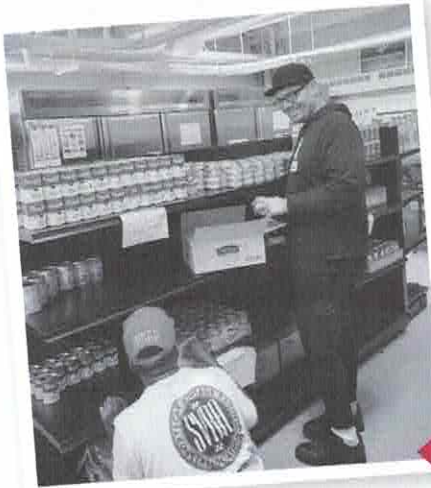


*June 2024 Graduates from Cardinal Hayes School
for Special Children (Hayes Day School)*

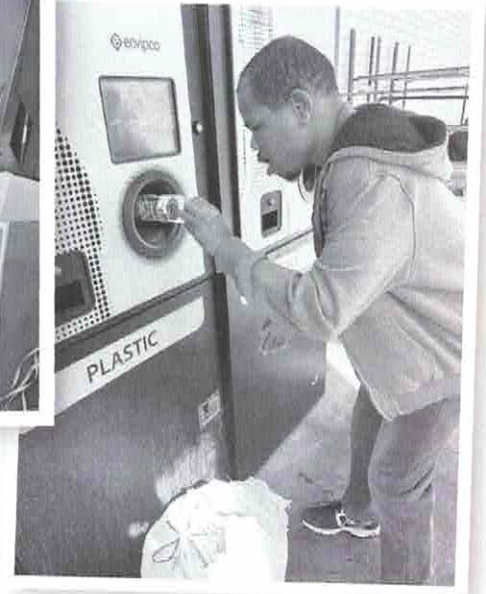


Service to the community

Food Drive for the local food pantry

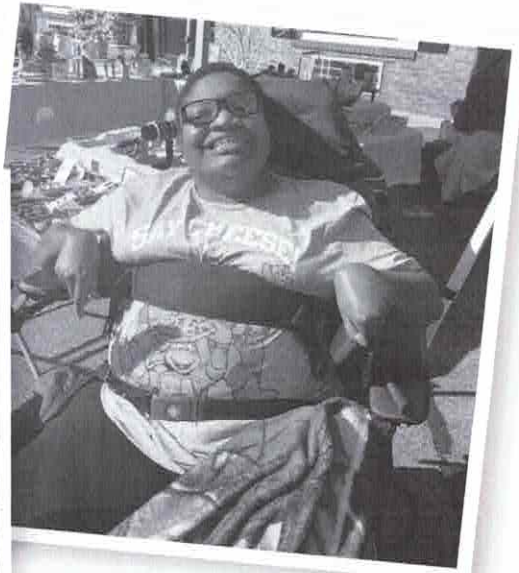


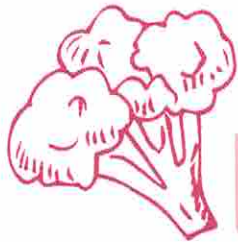
Recycling



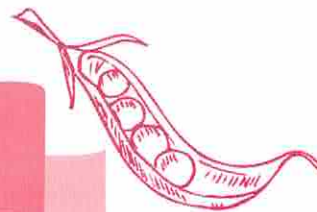
Helping at the local food pantry

Making connections at the Millbrook Farmer's Market and Millbrook Community





Stonewood Farm The Giving Garden



Making music together



Remember

Cardinal Hayes Home and Hayes Day School have Facebook and Instagram pages. Now more than ever, people are turning to their electronic devices to keep in touch with family and friends. Being part of social media has truly helped us stay connected when visiting is limited.

We also have a website www.cardinalhayeshome.org which shares the history of the Home, the sponsors, our programs and our administration. Through our website, you are also able to make online donations via safe and secure means.



IT'S IMPORTANT!

If you don't have a will, your state has one for you!

We all know it's important to have a valid will in place, but many of us delay beginning the process. However, once this is done, you will feel greatly relieved. Remember, you have the right to decide how your estate will be distributed in the event of your death.

If you currently have no will or need to update an existing will, we can help you. Our free leaflet, "Will your Will make a difference?" explains in easy terms what steps you need to take – tips on retaining an attorney, deciding where you want your estate to go, and how to remember a charity in your will.

If you would like a copy of this pamphlet, just fill in the request form and mail it back to us, or send an e-mail to mbroe@cardinalhayeshome.org or call us at 845-677-6363, ext. 1110. There will be no follow-up phone calls to your home.

If you want to designate Cardinal Hayes Home as a beneficiary, our legal name is Cardinal Hayes Home for Children at Millbrook, New York. Please let us know if you ever decide to do this so we can say, "thank you." Unless otherwise requested, bequests are placed in our Endowment Fund, thus helping to support programs for individuals with disabilities, both now and in the future.

PLEASE SEND ME THE FREE PAMPHLET, "*Will your Will make a difference?*"

Name _____

Address _____

City/State/Zip _____

Embracing the Inner Strength of People with Disabilities

Cardinal Hayes Home for Children
P.O. Box CH, St. Joseph Dr., Millbrook, NY 12545
(845) 677-6363

Sponsored by the Franciscan Missionaries of Mary
Executive Director: Mary Sontheimer

Visit our website:
www.cardinalhayeshome.org